

Liabilities	Return	Assets
Pride	Confidence	Humility
Greed	Security	Generosity
Lust	Companionship	Prudence
Anger	Serenity	Grace
Gluttony	Health	Temperance
Envy	Satisfaction	Gratitude
Sloth	Strength	Fortitude
Fear	Safety	Faith
Dishonesty	Integrity	Honesty

Pride: Described as the "basic breeder of most human difficulties" and "pride in reverse" (which can manifest as false humility or grandiosity).

Greed: Desiring material possessions, power, or excessive wanting beyond natural instincts.

Lust: Unbridled desire for sex, or lusting after the partying and drinking lifestyle.

Anger: Resentment and frustration that boils over and controls our actions.

Gluttony: Excessive indulgence or over consumption.

Envy: Resentment and jealousy over what others have.

Sloth: Laziness, or being faint-hearted in matters that are morally or spiritually difficult.

Humility: A modest view of one's own importance; being open to learning and not acting superior to others.

Generosity: Willingness to give or share freely with others, especially time, help, money, or kindness.

Prudence: Careful judgment in deciding what to do; practical wisdom that helps choose the right action.

Grace: Simple elegance or beauty, or in a religious sense, God's unearned favor and help.

Temperance: Self-control and moderation, especially in desires, habits, and pleasures.

Gratitude: A feeling of thankfulness and appreciation for what one has received.

Fortitude: Courage and strength to endure difficulty, pain, or fear.

Faith: Strong trust or belief in someone or something, especially religious belief or confidence in God.

Honesty: Truthfulness and fairness in what one says and does.